

The Flawless Foundation presents

**Tier I Training with Dr. Stuart Ablon,
Director of Think:Kids
in the Department of Psychiatry at the
Massachusetts General Hospital.**

October 19th-20th, 2010
The Churchill School and Center
301 East 29th Street
New York, NY 10016



J. Stuart Ablon, Ph.D., is Director of Think:Kids in the Department of Psychiatry at the Massachusetts General Hospital (MGH) where he specializes in the treatment of explosive, inflexible, easily frustrated children/adolescents and their families. He is also Director of the Psychotherapy Research Program at MGH and Associate Clinical Professor of Psychology in the Department of Psychiatry at Harvard Medical School. Dr. Ablon is co-author of the acclaimed bestselling book, *Treating Explosive Kids: The Collaborative Problem Solving Approach*.

Children and adolescents who exhibit non-compliant behavior present significant challenges to parents, teachers, and mental health professionals. While conventional reward and punishment approaches are sometimes useful, they often prove ineffective for a substantial percentage of our youth. This training will provide an alternative way to understand these difficulties and an approach for working with these children that reduces the frequency and intensity of explosive/noncompliant episodes. The approach is an evidence-based model that has been successfully employed across settings including classrooms, outpatient therapy offices, therapeutic facilities, and homes.

Who Should Attend

Mental health professionals, educators, child care workers, physicians, parents, and anyone interested in learning effective ways for understanding and helping children with behavioral challenges.

Learning Objectives

As a result of attending this conference, participants will be able to:

- Have a different understanding of noncompliant and explosive behavior.
- Describe the limits of conventional reward and punishment responses to such behavior.
- Describe a new philosophy and approach to working with children with behavioral challenges.
- Identify lagging cognitive skills contributing to challenging behavior.
- Implement interventions aimed at reducing challenging behavior while teaching cognitive skills.
- Discuss challenges involved in employing the model across a variety of circumstances.

Continuing Education Statement

Certificates of Completion will be available at the conclusion of the training.

* This training is part of the Think:Kids Certification program



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Think:Kids
RETHINKING CHALLENGING KIDS



Schedule

October 19

Assessment: Rethinking Challenging Kids

8:30 to 9:00 Registration & Check In

9:00 to 10:30 Introduction

- Review of Philosophy
- Limitations of Motivational Approaches
- The Shift in Thinking: Behavioral Challenges as Learning Disability

10:30 to 10:45 Break

10:45 to 12:15

- Five Domains of Thinking Skills
- Understanding and Identifying Specific Skill Deficits
- Thinking Skills Reference Guide

12:15 to 1:15 Lunch on Your Own

1:15 to 2:45

- Assessment Procedures
- Thinking Skills Inventory (TSI)
- Drilling Down on Triggers / Problems

2:45 to 3:00 Break

3:00 to 4:15 Breakout Session:

- Practicing Assessment
- Using Stories to Identify Triggers / Problems and Lagging Skills
- Coming to a Consensus and Presenting Formulation
- Handling Common Concerns / Misperceptions

October 20

Implementation: Solving Problems and Teaching Skills

8:30 to 9:00 Check In

9:00 to 10:30

- Introduction to Intervention
- Review of Three Plans and their Goals
- Ingredients of Plan B

10:30 to 10:45 Break

10:45 to 12:15

- Videotape Examples
- Group Role-Plays of Plan B
- Troubleshooting Plan B
- Videotape Examples
- **Breakout Session:** Practicing Plan B

12:15 to 1:15 Lunch on Your Own

1:15 to 2:45

- Problem Solving as Skills Training
- It's a Process
- Emergency Plan B
- Group Plan B
- Skills-Focused Plan B

2:45 to 3:00 Break

3:00 to 4:15

- Role of Medicine
- Process of Implementation in Systems
- Troubleshooting Common Concerns
- Research
- Certification Programs

- Final Evaluation

Registration

\$325 Early registration; \$350 after September 15;
\$300 (5 or more from the same school or agency)
To register - www.flawlessfoundation.org

For more information

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